

Life Group Notes & Discussion Guide, July 13th, 2025

Series: **“Freedom in Christ”**

Message: **“Freedom from Fear”**

Sermon Text: **2 Timothy 1:3-10 (NLT)**; Old Testament Text: **Isaiah 41:8-13**; Gospel Text: **John 14:25-31**. Read **2 Timothy 1:3-10 (NLT)** as you listen to the sermon, then answer the questions below.

1. Read **2 Timothy 1:3**. What evidence of Paul’s love and affection for Timothy do you see in this verse?
2. Read **2 Timothy 1:4**. Why is Paul so anxious to see Timothy and why was Timothy moved to tears the last time they saw each other?
3. Read **2 Timothy 1:5**. From whom did Timothy inherit his faith?
4. What does Paul know for sure about Timothy’s faith?
5. Read **2 Timothy 1:6**. What does Paul want Timothy to do with the spirit gift he received?
6. How did Timothy receive this spiritual gift?
7. Read **2 Timothy 1:7**. If we are feeling fearful or timid, who is the source of such feelings?
8. What does God give us in place of *fear and timidity*?
9. How could the 3 things God gives us help us overcome fear and timidity?

10. Read **2 Timothy 1:8**. Of what 2 things does Paul not want Timothy to be ashamed?
11. For what does Paul want Timothy to be willing to suffer? What will enable Timothy to endure such suffering?
12. Read **2 Timothy 1:9**. For what purpose did God save us?
13. Why did God do this?
14. Read **2 Timothy 1:10**. How did God make His plan clear to us through the appearing of Christ Jesus our Lord?
15. What will you remember most from this message?

- I. At your Life Group meeting, first read **Isaiah 41:8-13** aloud. It can be helpful to have several people each read one verse from their Bible. This helps people feel involved and can also introduce some interesting discussion if several translations are used. After reading the passage discuss it. If you are having trouble stimulating discussion, you can try asking some of the following questions:
 1. In **Isaiah 41:8-9**, in what ways did God seek to reassure Jacob?
 2. Is God only speaking to an individual here? To whom is He speaking?
 3. How do you feel after reading **Isaiah 41:10**? Do you think this is a passage you should have posted somewhere in your home where you would see it every day?
 4. After reading **Isaiah 41:11-12**, what would you say God wanted the Israelites to know about their enemies?
 5. Do you feel stronger and more confident after reading **Isaiah 41:13**? Why or why not?
- II. Next read **John 14:25-31**, utilizing several group members to each read one verse aloud. After reading the passage discuss it. If you are having trouble stimulating discussion, you can try asking some of the following questions:
 1. According to **John 14:25-26**, how will the Holy Spirit function differently from Jesus?
 2. How does Christ's peace vary from the peace the world gives us?
 3. In **John 14:27**, Jesus says, "***Let not your hearts be troubled, neither let them be afraid.***" According to this passage, what is our responsibility in ***not letting our hearts be troubled or afraid?***
 4. In **John 14:28**, to what five future events is Jesus referring?
 5. In **v. 28**, what did Jesus mean when He said, "***for the Father is greater than I?***"
 6. Why was it so critical that Jesus did what He said in **v. 29**?
 7. In **v. 30**, to whom is Jesus referring when He says, "***for the ruler of this world is coming?***"
 8. Why was Jesus careful to say, "***He has no claim on me?***"
 9. In **v. 31**, to what is Jesus referring?
- III. Read **2 Timothy 1:3-10**, utilizing several group members to each read one verse aloud. After reading the passage discuss it. If you are having trouble stimulating discussion, you can try asking some of the following questions:
 1. Read **2 Timothy 1:3**. What evidence of Paul's love and affection for Timothy do you see in this verse?
 2. Read **2 Timothy 1:4**. Why is Paul so anxious to see Timothy and why was Timothy moved to tears the last time they saw each other?
 3. Read **2 Timothy 1:5**. From whom did Timothy inherit his faith?

4. What does Paul know for sure about Timothy's faith?
5. Read **2 Timothy 1:6**. What does Paul want Timothy to do with the spirit gift he received?
6. How did Timothy receive this spiritual gift?
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8. What does God give us in place of *fear and timidity*?
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